

3.4-7 Boys' Hockey State Tournament

3.11-12 MASA Spring Conference

3.11-14 Girls' Basketball State Tournament

3.13-14 Adapted Floor Hockey State Tournament

3.14 SAT Assessment Test

3.18-21 Boys' Basketball State Tournament

3.21 Triple "A" Banquet

3.24-26 MnlAAA Conference

MSHSLconnect

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League Associate Director Craig Perry announces retirement



ASSOCIATE DIRECTOR DR. CRAIG PERRY announced at the League's Board of Directors meeting on Tuesday, Feb. 4, that he will be retiring from his position, effective Aug. 8.

Perry, who has served in his League role since 2005, shared with the board that he plans to move to a fulltime role as vice president with the U.S. Council for Athletes' Health, an organization based in Columbus, Ohio.

The USCAH's mission states: "To provide independent and unbiased medical expertise to organizations and individuals committed to the optimal health and safety for the athletes they serve."

In his role with the USCAH, Perry will evaluate internal assessments, organizational culture, and compliance to assist USCAH partners drive results.

With the League, Perry's primary responsibility has been to oversee the eligibility process, compliance and the interpretation of the organization's rules, policies and bylaws. He also administers girls and boys tennis, girls and boys hockey, wrestling, clay target, and the Sports Medicine Advisory Committee.

In addition to his service to the League and its member schools, Perry has had a national impact as well. With the National Federation of State High School Associations, he served as the chairman of the ice hockey rules committee. In 2015, he was selected the recipient of the prestigious Frank Kovaleski Development Award. The award is presented annually to a National Interscholastic Athletic Administrators Association member that has made significant contributions and demonstrated excellence in professional development at the local, state and national levels.

Following a series of on-ice incidents, Perry played an instrumental role in the League implementing stricter penalties for illegal contact during the 2011-12 season. Those Minnesota adoptions in the rules later became national guidelines by the NFHS.

"I am proud that our work here in Minnesota has led to this national rules change," Perry said in a statement at the time.

"What we have done is encouraged play that is smart and play that is safe. The stiffer penalties in Minnesota have made the game safer. We have improved the culture of high school hockey."

Continued on page 4



Safety spurs continued discussion on sports medicine guidelines

By William O. Roberts MD, MS

WHAT IS NEW in sports medicine for this year?

As always, the Sports Medicine Advisory Committee (SMAC) is addressing sport safety with respect to our high school athletes. Policy decisions for our athletes should be based on data and we are looking at ways to see what is happening during practices and on the field of play to help shape medical recommendations and improve athlete safety.

Concussion remains a priority and in concert with state law, we are working to keep our information for athletes, coaches, and parents updated. The International Concussion work group will be meeting in Paris later this year in October for the 5th Consensus Statement and we will update our procedures and protocols following the publication of their work.

Mental health is an issue that has received increased attention in sports medicine at the college and high school levels this past year. The American Medical Society for Sports Medicine published a position statement this past month and the Preparticipation Monograph 5th Edition (PPE5) added a chapter on the topic. We will use both documents to shape any new recommendations to the Board regarding mental health issues for our athletes.

Vaping is high on the list of concerns for our athletes. While most athletes recognize smoking tobacco is a health risk, vaping was under the radar and spreading in use until people started to die. We have worked with M Health Fairview to produce education public service

announcements to be used at state tournaments and other events emphasizing the risks for student athletes.

We continue to address the issues of heat and cold in practice and competition to improve our athletes' safety profile. With predictions for extreme cold on race day, the Nordic Skiing state meet was postponed by one day to reduce the risk of frostbite amongst the racers. Race day was still cold, but not extreme, and the competition was completed without incident. August always carries the risk of hot and humid conditions in Minnesota, although not to the extent that our neighbors to the south deal with on a near daily basis. We have worked with the National Weather Service to develop wet bulb globe temperature recommendations for practice and competition modifications based on the north and south sections of the state. The recommendations are on our web site.

The preparticipation evaluation forms were modified to meet the new recommendations in PPE5. The questionnaire form is shorter and hopefully easier to complete. The writing group recommends that all student athletes have their exam completed in their health care home by their primary care provider, and the SMAC agrees with that recommendation.

If you have concerns or recommendations for our high school athletes, feel free to contact us through the MSHSL.

voices *we asked, you answered*

In the moments prior to a state tournament game, the head coach of a participating team has an opportunity to address the assembled players. It is a moment when a coach decides what kind of message to deliver. With the winter tournaments in full swing, we asked two head coaches:



SAMI REBER | Edina High School

"Remember all of the hard work you put into to get to this moment. Leave everything on the ice, play as a team and have fun"



DAVE PALMQUIST | South St. Paul High School

"Our message to the team prior to section play and now going into the tournament has, and always will be "This Packer Team of 2020 is writing their story now." They all know about 1999, 2002, 2003, 2005, 2006, 2012, and all those great Packer teams. But it's their story now and one day someone will talk about this Packer team and what they accomplished."

What is your message before a state tournament game?

Girls hockey records



- Breck and Luverne combined for no shots on goal by both teams in a period in Breck's quarterfinal victory. The previous record had been a combined five by Austin and Breck in 2008.
- Breck's Emily Zumwinkle had four assists in the first period against Luverne to tie a record set by Roseville Area's Ronda Curtin in 1996.
- Warroad scored six power play goals during the tournament to equal the record held by three other teams, most recently Breck in 2012.
- Andover's overtime victory over Minnetonka in the Class AA championship semifinals was its fourth extra session of play, tying a mark set by Hibbing/Chisholm.
- South St. Paul head coach Dave Palmquist added another victory to his all-time tournament total and sits at 27. Warroad's David Marvin is next with 22.
- In winning the Class AA championship, Andover snapped Edina's 11-game tournament winning streak. Minnetonka also had an 11-game winning streak from 2011-15. Breck's winning streak at the state tournament in Class A is 13 games, dating to 2011. The all-time Class A record streak is 16 held by Blake from 2007-15.

Courtesy: <https://rrr.hockey>

Manderfeld receives merit award for pioneering efforts

Region 6AA Executive Secretary Nancy Manderfeld last month was the recipient of a special merit award during the 34th annual Minnesota Girls and Women in Sports Day for her pioneering efforts in the advancement of girls and women's athletics.



The New Ulm native has served as the region executive secretary since 1990. After graduating from New Ulm Cathedral in 1972, she attended Mankato State University and the University of St. Thomas.

In addition to a high school teaching and coaching career, she officiated volleyball and basketball at the junior high, high school and collegiate levels. Manderfeld was the first female public address announcer for the Edina girls basketball team, the League's girls basketball state tournament and the University of Minnesota women's basketball team.

do you know?

1 What was the nickname of Minneapolis Vocational High School and when did it close?

2 Who is the only Radio Partner to broadcast live the Nordic Skiing State Meet?

3 What was the original nickname of Pine Island High School?

4 What is the slogan of Park Rapids High School?

5 When was the boys basketball tournament first televised?

Answers on page 4

NFHS news



- The Rhode Island Interscholastic League Principals' Committee on Athletics voted unanimously to promote current RIIL Assistant Executive Director Michael Lunney to the executive director position, effective Aug. 1. He succeeds Tom Mezzanote, who announced his retirement in November following 16 years of service as the executive director of the RIIL.
- Claire Curzan, a sophomore at Cardinal Gibbons High School in Raleigh, set a national record in the 100-yard butterfly with a time of 50.35 seconds at the North Carolina High School Athletic Association girls swimming state meet. Later in the meet, she set a national record in the 100-yard backstroke with a time of 51.38. It was short-lived, though. A day later in Tennessee, Alex Walsh of Harpeth Hall in Nashville topped the mark with a time of 51.35.
- North Linn (Iowa) boys basketball coach Bob Hilmer recorded the 900th victory of his career this season. He is the 33rd coach in national history to reach that milestone.
- The Montana High School Association recently passed proposals to offer girls wrestling and boys powerlifting to its member schools.

- The Wyoming High School Activities Association has voted to sanction softball for the first time beginning in the spring of 2021.
- The Texas University Interscholastic League Class 6A Division I football championship game drew 47,818 to AT&T Stadium in Arlington, Tex.
- When the Fargo South/Shanley boys hockey team recorded a victory over Grand Forks Central in January, it snapped the Knights' 81-game winning streak against North Dakota opponents that dates to 2016.

The following was sent to the League by
Morris Area High School Activities Director
Mark Ekren.

Participants lead anthem

On Friday, Feb. 21, Morris Area High School hosted the Section 5A Boys Swim and Dive meet. I'm writing this letter to let the MSHSL know about a very memorable moment at the meet! Everyone that attended this event witnessed an amazing display of sportsmanship and patriotism. Because of technical difficulties, the announcers' table was unable to get the prerecorded National Anthem to work. Without hesitation, the Sartell boys swimming team spontaneously began singing the anthem, and were soon joined by the other nine schools that included Thief River Falls, Bemidji, Alexandria, Sauk Centre/Melrose, Park Rapids, Perham, Detroit Lakes, Fergus Falls and Morris Area. It was heartwarming to watch the young men take the initiative to sing the anthem! We are incredibly proud of the swimmers in Section 5A and want to share this extraordinary

story. As if this wasn't commendable enough, the boys took the initiative and volunteered to sing again on the subsequent day of finals. Athletes often get accolades for their accomplishments, but this act of patriotism and selflessness certainly deserves commendation.

The following was sent to the League by
gymnastics judge Jennifer Smith following
a meet in late January.

Gymnastics meet management praised

I had a wonderful experience at the gymnastics meet hosted to by St. Paul Como Park. I was one of six officials at the double-dual meet. They haven't hosted meets in a few years and I appreciated how well their meet management was run. The announcer did not miss a beat and she was ready to get the meet moving to the next rotation. Their meet management was one of the best I've been to this year, which is impressive for four schools and a location that hasn't hosted in a while.

technology

SEVERAL TECHNOLOGY-BASED SERVICES have been and continue to be implemented to support specific tasks and activities within Minnesota State High School League programs. Using software developed by outside vendors provides services that are robust, efficient, and make good use of resources.

Examples of these services include:

- **Arbiter** - ArbiterSports specializes in registering, certifying eligibility, and assigning officials. It also provides an option to pay officials. Beginning with the 2019-20 school year, all MSHSL officials registered and completed eligibility tasks within Arbiter. Scheduling and paying officials for state tournament events is also been completed through Arbiter.
- **Trackwrestling** - Trackwrestling was used by the Minnesota wrestling community to track wrestlers prior to this year. Beginning with the 2019-20 school year, weight management and team and individual records for all MSHSL wrestlers has also been done through Trackwrestling, and team and individual records are maintained within Trackwrestling. State tournament individual brackets are also managed through this service.
- **iWanamaker** - iWanamaker debuted last spring at the MSHSL post-season tournaments. Board-approved revisions to the 2019-2020 Golf Rules and Policies now allow golfers to use technology from tee to green; this service and app will be available to all MSHSL golf teams to record and publish scores and statistics.
- **Tennis Reporting** - Tennis Reporting is used by players in both the offseason and during the MSHSL tennis season to track matches and records. During the season, coaches, fans, and players can follow the progress of a tennis player.

These are a few of the currently used services that provide expanded benefits and opportunities to MSHSL activities, players, staff and fans!

Craig Perry announces retirement

Continued from cover page

Perry is native of Fort Frances, Ontario, where he participated in football, hockey, soccer and track and field. A goalie, he played hockey at the University of North Dakota and graduated with an English degree, a Psychology minor and secondary education teaching certification. After serving as an English teacher and hockey coach for a year at Grafton, ND, and Fargo South, he returned to UND in 1990 and spent four years as an instructor and full-time assistant hockey coach with the men's program. While there, he completed his Masters in Education. In 2010, he earned his doctorate in educational leadership. Before joining the League, he was the district athletic director in the Grand Forks Public School district for 11 years.

Perry and his wife, Holly, have three children and one foster son

quiz answers

Questions on page 3

1. Vocational was nicknamed the Volts. It closed in 1976.
2. WELY with Tom Coombe on the call. The station has covered the meet for 16 consecutive years.
3. The school's original nickname was the "Young Tigers" and the colors were green and white. In 1925, they were changed to the "Panthers" and maroon and gold. The first graduating class was in 1887.
4. "Preparing Today's Learners for Tomorrow's Challenges"

5. 1954



state TOURNAMENT GUIDE



BOYS' HOCKEY STATE TOURNAMENT

March 4-7 Xcel Energy Center, St. Paul

GIRLS' BASKETBALL STATE TOURNAMENT

March 11-14 Williams Arena, Minneapolis & Maturi Pavilion, Minneapolis

ADAPTED FLOOR HOCKEY STATE TOURNAMENT

March 13-14 Bloomington Jefferson High School

BOYS' BASKETBALL STATE TOURNAMENT

March 18-21 Target Center, Minneapolis & Williams Arena, Minneapolis

visit
www.mshsl.org
for up-to-date
tournament information



**section
assignments**



**media policy
manual**



**media
credentials**

boys' hockey



State Tickets (Adults / Students)

Season Book	\$104.00 / \$66.00
Championship	
Single Session	\$19.00 / \$12.00
Consolation	
Single Session	\$14.00 / \$9.00



Section & State Brackets

www.mshsl.org → Brackets → Section
www.mshsl.org → Brackets → State



Stream

45tv.com/prep45
PrepSpotlight.tv/MSHSL



Yearbook & Record Books

[Boys Hockey](#)

girls' basketball



State Tickets (Adults / Students)

Quarterfinals	\$16.00 / \$10.00
QF Wristband	\$21.00 / \$13.00
SF/Finals - Per Session	\$16.00 / \$10.00
3rd Place Game Only	\$12.00 / \$8.00



Section & State Brackets

www.mshsl.org → Brackets → Section
www.mshsl.org → Brackets → State



Stream

45tv.com/prep45
PrepSpotlight.tv/MSHSL



Yearbook & Record Books

[Girls Basketball](#)

adapted floor hockey



State Tickets (Adults / Students)

Single Session	\$7.00 / \$4.00
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State Brackets

www.mshsl.org → Brackets → State → CI
www.mshsl.org → Brackets → State → PI



Stream

PrepSpotlight.tv/MSHSL



Yearbook & Record Books

[Adapted Floor Hockey](#)

boys' basketball



State Tickets (Adults / Students)

Season Book	\$96.00 / \$60.00
Quarterfinals	\$16.00 / \$10.00
QF Wristband	\$21.00 / \$13.00
SF/Finals - Per Session	\$16.00 / \$10.00
3rd Place Game Only	\$12.00 / \$8.00



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Yearbook & Record Books

[Boys Basketball](#)

Board of Directors Meeting

Minutes Summary



December 5, 2019

Reflection, Pledge of Allegiance

Board Actions

1. Approved the Agenda.
2. Approved the Minutes of the October 3, 2019 Board of Directors Meeting.
3. Dan Johnson, Activities Director, Hopkins High School and Mike Zweber, Activities Director, Lakeville North High School spoke regarding the Football Advisory Committee's 6A Football recommendation.
4. Board of Directors Reports and Comments were received and included complimenting staff on Fall State Tournaments; and the Hall of Fame Induction Ceremony.
5. Legislative Report was received and included Governor Walz attended the 2019 Prep Bowl Game; the State of Minnesota budget forecast for the FY 2020-2021 is a \$1.3 billion surplus; and the upcoming legislative session which begins on February 11, 2020.
6. Legal Counsel's Report was received and included one pending lawsuit; and a complaint filed against the MSHSL with the Minnesota Department of Human Rights.
7. The Executive Director's Report was received and included:

The InSideOut Initiative Steering Committee met with the Minnesota Vikings to plan professional development opportunities for school leadership teams;

The Co-op Ad Hoc Committee, which the Board of Directors approved at their October 2019 meeting, had its first meeting on November 12, 2019;

The MSHSL Foundation met on November 7, 2019 and awarded \$720,000 to member schools who had submitted a FORM A application;

The MSHSL will participate at the MSBA Conference by hosting an exhibit booth and staff will present two informational sessions; and

Staff members spoke regarding Fall State Tournaments.
8. The Executive Committee Report was received and included:

Approved an agreement with Gravity Works to spearhead the building of a new MSHSL website. Gravity Works is a Michigan-based website and app development company that has been instrumental in building technology systems and structures for other state associations;

Discussed MNIAAA Conference Listening Session topics; and

Personnel review.

Approved the Executive Committee Report as presented.

Approved scheduling a Board of Directors Workshop for Monday, February 3, 2020 at 2:00 p.m.
9. Approved the Debate Rules and Policies as presented. The first reading was held at the October 3, 2019 Board meeting.
10. Approved the Wheelchair Division Rules and Policies as presented. The first reading was held at the October 3, 2019 Board meeting.
11. Approved State Tournament Fees/Tickets:
 - Tennis: daily admission prices will be \$12.00 for adults and \$8.00 for students.
 - Clay Target: \$35 entry fee per participant
 - Robotics: registration fees per team
 - 2020 - \$500
 - 2021 - \$750
 - 2022 - \$1,000
 - Speech: \$20 entry fee per participant
15. Approved the December 5, 2019 Eligibility Committee Minutes as presented.
16. Approved the September and October 2019 Financial Statements as presented.
17. Approved a request from Region 4A for \$40,000 to help offset their budget needs.

Discussion Items

18.
 - Bob Madison spoke about the Football Advisory Committee's proposal regarding 6A football. This will be presented to the ADs Advisory Committee at their next meeting and will be an action item at the February Board of Directors Meeting.
 - Craig Perry spoke regarding the Girls Tennis Advisory Committee's proposal to add a third class to girls tennis. This will be an action item at the February Board of Directors Meeting.
 - Jason Nickleby spoke regarding the Golf Advisory Committee's proposed changes to Golf Rules and Policies. This will be an action item at the February Board of Directors Meeting.
 - Amy Doherty spoke regarding the Music Advisory Committee's proposed changes to Music Rules and Policies. This will be an action item at the February Board of Directors Meeting.

The complete official Minutes may be obtained from the League office by the designated school representative of member schools.