

# MSHSLconnect

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## Click! The League's photo service has you covered

**CAPTURING STATE TOURNAMENT MEMORIES** via photographic images are cherished treasures that are enjoyed for generations. There is nothing better than clicking at the precise moment a thunderous slam dunk clinches a state championship or when a powerful performance in the Speech tournament leaves onlookers in awe. But what happens when you miss that key shot, become distracted by fans, or perhaps worst of all, the battery fails on your camera?

There is no reason to fret, the Minnesota State High School League has you covered. During the winter sports state tournament season, the League unveiled a landing spot that features thousands of state tournament images taken by independent contract photographers on championship day.

"The League is really excited about providing this service to share the stories, experiences and opportunities of our member schools through these powerful images," said Tim Leighton, the League's

Communications Coordinator. "This is an opportunity for participants, member schools and their communities, fans and media partners to circle back and see what shots they might have missed, or to see images that can be shared and preserved in archives for generations to come. Images taken during state tournament events range from game action, enthusiastic crowds, festive bands, jubilation scenes and other shots that tell our stories and journeys in extra-curricular activities."

The images are available for purchase and can be seen in galleries located at [www.mshsl.smug-mug.com](http://www.mshsl.smug-mug.com). Images are available for viewing approximately one week following the completion of a state tournament event. Galleries from tournaments in the fall of 2019 and the recently completed 2020 winter season are posted.

Photos taken during state tournament events are used in a variety of ways by the League. They include, but are not limited to, marketing and promotions, online record book, the annual pictorial yearbook, souvenir tournament programs, office photos, scoreboards, graphics and sponsor signage. Recognition and awards programs, such as the Hall of Fame, Triple A, ExCEL, officials, media and all-tournament teams, along with National Anthem singers and halftime performances are all a part of planned photo coverage.

*Continued on page 6*



## Returning to play paves senior year journey of leadership, gratitude

By Laura Mackenthun

**JOINING THE** Minnesota State High School League staff has provided the opportunity to serve with an incredible group of people focused on working with, and providing services, to member schools to promote education-based activities. As a former participant and coach, and as a parent of three children that have participated in League activities, and as a 30-year public school employee, I had experienced the League's work in many ways. Recently, I had an opportunity to see firsthand from a high school senior's perspective, a personal account of the value of these activities. Paige, our youngest child, recently wrote an essay as part of a scholarship application. Her words speak to the value of work done by everyone—coaches, activities directors, school administrators, officials, League staff and volunteers—in providing these opportunities. Here are her words:

*After my junior season of volleyball, I never wanted to step foot in the gym ever again. I was done. I had just finished the most frustrating season of my life that began with being a starter and ended with sitting on the bench. I lost all confidence in my abilities and myself. I dreaded practices for fear of not being good enough, and I dreaded games and tournaments for fear that I might get subbed in unexpectedly. I hated the sport that I had fallen in love with as a little girl. Daily, I came home from practice in tears, begging my parents to promise me that I could hang it all up when the season ended.*

*Suddenly, it was my senior year, and fall sports were starting. My mind was constantly racing, weighing the feeling of regret I would have if I played and got stuck with those same feelings of disappointment, frustration, and anger against the feeling of regret I would feel down the road for quitting. I understood how much it would hurt to see my best friends going to practices, games, and team meals together. I realized it was my last opportunity to ever play a high school sport. I knew I would be putting myself in an uncomfortable situation, but I did not want to leave it as a "what if?" I had to give it one more chance. I took the leap out of my comfort zone and decided to go into the season with a positive attitude.*

*It was the best decision I have ever made.*

*Our volleyball team had a record-breaking season. We won our conference, went undefeated at home, and made it to the section final. But that team could not be summed up in statistics. The love, support, and passion were felt every single day in the gym.*

*That senior season taught me more than I ever could have imagined. I learned how to celebrate the successes of others by jumping off the bench with the same pure enthusiasm and joy as that ninth-grader I was*

*Continued on page 4*

## voices we asked, you answered

During this unprecedented time of change during the containment of COVID-19, Connect reached out to a superintendent and asked:

**What important messages do you share with your district during times of uncertainty?**



**MIKE REDMOND** | Shakopee Public Schools

*"In recent days, our school district has been called upon to serve our community in ways we've never before imagined. In responding to this call, we are working incredibly hard to navigate in such a way as to balance the personal concerns of the amazing individuals who work for our district and serve our students with the call to continue to serve our community as we face a global health pandemic.*

*With the monumental shift in operations and the nature of services being provided, the roles different employees and employee groups play in providing these services changes, too. Our Response Team has been working to develop appropriate employee plans for the unique situation we are navigating, one that balances service to our students and community in relation to taking care of the health and well-being of our employees and their families.*

*Our Response Team has been meeting and working to prepare plans that will provide a variety of services to our school community:*

- Shift our learning format from in person to distance learning delivery, with the potential of this service lasting for an extended period of time. Distance learning begins on Monday, April 6.
- Food distribution for all children across the district began on Wednesday, March 18.
- Launch a child care program on Wednesday, March 18 for the children of essential personnel—medical, police, fire, and public services.

*I am proud and appreciative of the people working in our school district and how they are responding to meeting the needs of our community in these challenging times. Together, our community will meet the challenges we are facing with grace, dignity, and deep compassion for our neighbors."*

## Media award winners

During halftime of the Class AAA girls basketball semifinals at Williams Arena on March 12, League Communications Coordinator Tim Leighton announced during an interview on 45TV the recipients of the 2020 Minnesota State High School League's Outstanding Media Service Award. The award recognizes outstanding coverage and service to the participants, member schools and their communities.

**The recipients for 2020 are:**



**Print Division**

Mitchell Palmer McDonald  
Minnesota Spokesman-Recorder



**Electronic Division**

Dave Lee  
WCCO-AM/45TV

The MSHSL thanks all media partners for their coverage of League activities.

**Past winners:**

- 2015** Dave Harris, Alexandria
- 2016** Wally Wakefield, Lillie News, Maplewood
- 2017** **Print Division:** Mike Bialka, Brainerd Daily Dispatch  
**Electronic Division:** Craig Olson, Fergus Falls
- 2018** **Print Division:** John Sherman, Sun Newspapers  
**Electronic Division:** Bill Bentson, KFIL Radio, Preston
- 2019** **Print Division:** Tom Elliott, St. Cloud Times  
**Electronic Division:** Jim Bartels, KNJU Radio, New Ulm

## NFHS news

The National Federation of State High School Associations announced it late March that current high school sports officials, as well as individuals interested in becoming an official, will be able to access online education courses on the NFHS Learning Center for free through July 1. To accommodate many individuals that are working from home for an indefinite period of time during the current health crisis, the NFHS decided to make its 11 sports officiating courses available for free on the Learning Center at [www.NFHSLearn.com](http://www.NFHSLearn.com).



"In addition to current officials, those individuals interested in pursuing officiating can access these courses," said NFHS Executive Director Dr. Karissa Niehoff. "We know that a number of high school seniors will be unable to participate in spring sports this year due to the Coronavirus pandemic. Officiating could provide an opportunity for high school seniors to stay involved in sports and taking some of these courses during this down time for free could help to determine their interest level."

## Strike up the Band!

The high school pep bands from Red Wing and Kasson-Mantorville merged as one to create a fun and festive atmosphere while the girls basketball teams from their schools played for the Section IAAA championship last month at the Mayo Civic Center in Rochester.



## Craig Perry recognized

Longtime League Associate Director Dr. Craig Perry was recognized in an on-ice presentation prior to the Class AA boys hockey championship game last month at the Xcel Energy Center. Jack Larson, the general manager of the Xcel Energy Center, presented Perry with a commemorative Minnesota Wild jersey bearing his number during his playing days. League Executive Director Erich Martens presented Perry with a replica Stanley Cup in appreciation of his 15 years of service to the participants, member schools and communities. Perry has been the girls and boys hockey tournament director the past 15 years. He is retiring from the League, effective Aug. 8.



## do you know?

- 1** In what League document were these words written?  
"(The) development of better and happier boys and girls is our aim. Winning games is incidental."
- 2** When did the association change its name to Minnesota State High School League?
- 3** In a 1955 survey, what were the results from member schools on their interest in a two-class boys basketball tournament?
- 4** What member school replaced Minneapolis Roosevelt in the 1961 boys basketball tournament?
- 5** Who were the three members of a 1965 sub-committee that were instrumental in recommending competitive sports for girls in Minnesota?

*Answers on page 4*

- The Indiana High School Athletic Association has selected John (Paul) Neidig as its next commissioner, effective Aug. 1. He has served as an IHSAA assistant commissioner since 2017.
- The Rhode Island Interscholastic League selected Michael Lunney as its next executive director, effective Aug. 1. He has served as an assistant executive director of the RIIL since 2011.



The following was sent to Jeff Peterson, activities director at Mound Westonka High School.

## Athletic department receives praise

*I wanted to reach out and let you know I really appreciate the warm hospitality you showed us last night. I was thoroughly impressed with your professionalism as you all did a great job of making us feel comfortable away from home. The Mound Westonka athletic department is most definitely in great hands and it showed (with a) great playoff environment, awesome facilities, incredible digital score board, a respectful smooth public announcer who nailed every single name correctly and a great head coach who will win a state championship in the near future. We lost a tough game last night, but each kid felt the respect and attention you showed us and I commend you for that.*

Ahmil Jihad, Minneapolis Edison  
Boys Basketball Head Coach

The following was sent to the League office.

## Preparations recognized

*The cancellation of the winter sports championships doesn't mean the work that went into getting them ready didn't happen. It did. And your efforts to prepare us (i.e. - the countless referees and umpires) to be ready to go when the time came did not go unnoticed. It was really flawless communication, timeliness and professionalism all the way through. Thank you for being such a great resource for the many thousands of sports officials who love working contests for the MSHSL. Terrific work.*

Michael S. Cantone, MSHSL Official

# technology

**THE REBUILD OF THE** Minnesota State High School League's technology systems is making progress. Gravity Works, a Michigan-based web-development company, is working closely with League staff to design and build a public-facing website, as well as systems that will support member schools in managing their League activities. Gravity Works has been responsive and demonstrated a great understanding of the needs of the League and its member schools.

In recent weeks, League staff has reviewed initial drafts and provided feedback on a home page, activity pages and dashboards for coaches, activities directors and League staff. Additional pages that include school information are in the development process. The creation, architecture and the functionality of tools for school activity management is also underway.

In the coming weeks, the next drafts of these pages will be shared with stakeholders outside of the League office in an effort to gather additional feedback and provide direction for future drafts. The feedback from users will be critical in assuring that what is being built meets their needs.

It is expected that the first phase of the project will be available sometime this summer. This phase will include the public-facing web site and several management tools for activities directors. The next phase will include additional pages and tools, and is projected to be implemented early this winter. Ensuing phases will follow with the building of additional tools and functionality.

# quiz answers

## Questions on page 3

1. The first Minnesota State High School Athletic Association handbook, published in 1923
2. March 29, 1929
3. 150 schools voted yes; 306 voted no
4. Royalton
5. Paula Bauck, Moorhead; Mary Dickmeyer, Mankato; Dr. Helen Starr, Minneapolis

# Returning to play

Continued from page 2

*that worked so hard, and got in her first varsity game and earned her first two kills. I learned how to care for others by noticing that younger teammate fighting back tears as she grew more and more upset with her mistakes and talking to her after practice to remind her of how talented she was and how much she had already grown. I learned how to be a true team player by accepting and taking on a new position and doing my best because I knew my teammates were relying on me.*

*During the section final, as our opponent pulled away, tears formed because I was starting to see the end of something I had never believed in or loved more. I came out of the game and watched the last point of my volleyball career played over the shoulder of one of my best friends as I hugged her tight in disbelief. In the blink of an eye, such an incredible journey had ended. As I removed my jersey for the final time, it felt like my heart was being torn from my chest as I wondered what would ever make me feel that alive again.*

*Everyone tells you not to take it for granted, but we all did. A season like we had was too amazing not to take for granted. We all fooled ourselves into believing it would never end because we could not imagine our lives without it.*

*Trying to understand that it is all over hurts in an indescribable way, but slowly, the hurt is being replaced with gratitude. Gratitude for the sport that first gave me purpose. Gratitude for the sport that gave me my best friends and countless memories. Gratitude for the sport that showed me grace when I wanted to quit. Gratitude for the sport that made me take that leap outside my comfort zone and change my attitude to give me the best three months of my life.*

*While I would do anything to play one more game, I know my time is up. It is time for the current freshmen, sophomores, and juniors to have those incredible experiences, and I will always be their biggest fan.*



# salute to winter champions

## DEBATE

Lincoln-Douglas Policy	Logan Stenzel, Lakeville South Gabe Chang-Deutsch, Clara Conry, Minneapolis South
Public Forum	Morgan Swigert, Jack Johnson, Blake
Congressional	Layla Foster, Eastview

## ONE ACT PLAY (Starred performances)

<b>Class A</b>	<b>Belle Plaine, Nova Classial Academy, Eveleth-Gilbert/Virginia</b>
<b>Class AA</b>	<b>Prior Lake, Apple Valley, Buffalo, Alexandria, Hill-Murray</b>

## BOYS' SOCCER

<b>Class A</b>	<b>Holy Angels</b>
<b>Class AA</b>	<b>Edina</b>

## BOYS' ALPINE SKIING

<b>Team</b>	<b>Lakeville South</b>
Individual	Luke Conway, Minneapolis Washburn

## GIRLS' ALPINE SKIING

<b>Team</b>	<b>Lakeville North</b>
Individual	Sophie Palmquist, Eagan

## BOYS' NORDIC SKIING

<b>Team</b>	<b>Forest Lake</b>
Individual	Henry Snider, Mounds Park Academy

## GIRLS' NORDIC SKIING

<b>Team</b>	<b>St. Paul Highland Park</b>
Individual	Molly Moening, St. Paul Highland Park

## DANCE TEAM

<b>Class A</b>	
Jazz	Lac qui Parle Valley/Dawson-Boyd
High Kick	Lac qui Parle Valley/Dawson-Boyd
<b>Class AA</b>	
Jazz	Totino-Grace
High Kick	Sartell-St. Stephen
<b>Class AAA</b>	
Jazz	Eastview
High Kick	Eastview

## GIRLS' HOCKEY

<b>Class A</b>	<b>Breck</b>
<b>Class AA</b>	<b>Andover</b>

## GIRLS' GYMNASTICS

<b>Class A</b>	<b>Big Lake</b>
All-Around	Jada Olsen, Perham
Floor Exercise	Jackson Hegg, Detroit Lakes
Balance Beam	Becca Green, Annandale
Uneven Bars	Becca Green, Annandale
Vault	Jada Olsen, Perham
<b>Class AA</b>	<b>Lakeville North</b>
All-Around	Bella Frattalone, Mahtomedi
Floor Exercise	Bella Frattalone, Mahtomedi
Balance Beam	Nadia Abid, Maple Grove
Uneven Bars	Anna Altermatt, Lakeville North
Vault	Bella Frattalone, Mahtomedi

## WRESTLING

<b>Class A</b>	<b>LPGE-Browerville</b>
106	Walker Bents, B-B-E
113	Derek Steele, Sibley East
120	Drayden Morton, Sibley East
126	Trevor Janssen, Blackduck-CL-Bena

## WRESTLING, CONT'D

132	Charley Elwood, Medford
138	Mason Gode, LPGE-Browerville
145	Payton Handevdt, Jackson County Central
152	Willie VonRuden, Medford
160	Owen Bjerga, Staples-Motley
170	Tyson Meyer, Minnewaska
182	Trevor Eisfeld, Tracy-Milroy-Balaton-WWG
195	Colton Krell, Westfield
220	Dominik Vacura, Badger-Greenbush/MR
Heavyweight	Craig Orlando, Bertha-Hewitt-Verndale-PP
<b>Class AA</b>	<b>Simley</b>
106	Tyler Wells, Princeton
113	Christian Noble, Big Lake
120	Joey Thompson, Totino-Grace
126	Chase DeBlare, Simley
132	Charlie Pickell, Mankato West
138	Cael Berg, Simley
145	Ryan Sokol, Simley
152	Payton Anderson, Fairmont-Murray County West
160	Bryce FitzPatrick, Mahtomedi
170	Bennett Berge, Kasson-Mantorville
182	Patrick Kennedy, Kasson-Mantorville
195	Kolin Baier, Mankato East
220	Bennett Tabor, Simley
Heavyweight	Kaleb Haase, Redwood Valley
<b>Class AAA</b>	<b>Shakopee</b>
106	Jore Volk, Lakeville North
113	Blake West, Shakopee
120	Ryan Henningson, Winona-Winona Cotter
126	Derrick Cardinal, Forest Lake
132	Reid Ballantyne, Stillwater
138	Cael Swensen, Wayzata
145	Trey Kruse, Stillwater
152	Hunter Lyden, Stillwater
160	Carson Manville, Shakopee
170	Max McEnelly, Waconia
182	Roman Rogotzke, Stillwater
195	RJ Chakolis, Hopkins
220	Isaiah Green, St. Cloud Tech
Heavyweight	Bennett Weber, Waconia

## BOYS' SWIMMING & DIVING

<b>Class A</b>	<b>Breck/Blake</b>
200 Medley Relay	Breck/Blake
200 Freestyle	Jack Herczeg, Winona
200 IM	Andrew Karpenko, Minnehaha Academy
50 Freestyle	Charlie Crosby, Breck/Blake
1-Meter Diving	Storm Opdahl, Chisago Lakes
100 Butterfly	Grant Wollner, Winona
100 Freestyle	Jack Herczeg, Winona
500 Freestyle	Nico Losinski, Simley
200 Freestyle Relay	Winona
100 Backstroke	Charlie Crosby, Breck/Blake
100 Breaststroke	Andrew Karpenko, Minnehaha Academy
400 Freestyle Relay	Winona
<b>Class AA</b>	<b>Edina</b>
200 Medley Relay	Wayzata
200 Freestyle	Jackson Kehler, Eagan
200 IM	Hayden Zheng, St. Louis Park
50 Freestyle	Soren Dunn, Eden Prairie

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# salute to winter champions

Continued from on page 5

## BOYS' SWIMMING & DIVING, CONT'D

1-Meter Diving	Josiah Fick, Stillwater
100 Butterfly	Evan Bock, Chanhassen/Chaska
100 Freestyle	Soren Dunn, Eden Prairie
500 Freestyle	Jackson Kehler, Eagan
200 Freestyle Relay	Chanhassen/Chaska
100 Backstroke	Casey Stowe, Wayzata
100 Breaststroke	Hayden Zheng, St. Louis Park
400 Freestyle Relay	Chanhassen/Chaska

## BOYS' HOCKEY

<b>Class A</b>	<b>Mahtomedi</b>
<b>Class AA</b>	<b>Hill-Murray</b>

## GIRLS' BASKETBALL

### Class A Finalists

Minnetonka, Waterville-Elysian-Morristown, Cromwell-Wright, Henning

### Class AA Finalists

Rochester Lourdes, Waseca, Providence Academy, Marshall School (Duluth)

### Class AAA Finalists

Becker, DeLaSalle

### Class AAAA Finalists

Farmington, Hopkins

## ADAPTED FLOOR HOCKEY

Tournament Cancelled

## BOYS' BASKETBALL

Tournament Cancelled

## "READING WITH RICK" A NIGHTLY HIT

**IN THE ABSENCE** of high school activities to cover in this early part of the spring, media partners are turning to alternative ways of serving their communities. Some are digging into their archives and replaying thrilling championship games or milestone events in their community's history. In central Minnesota, however, longtime broadcaster Rick Grammond has introduced "Reading with Rick," a nightly show where he reads books to his listeners. The show made its debut on March 23 with the reading of two children's books.

"These kids just love to read, and they have great imaginations," said Grammond, a sports broadcaster since 1988. "Reading to kids is really fun, and an added benefit is that it provides structure in these uncertain times."

Grammond, who covers sports primarily for Pierz High School, streams his reading sessions on his website: [www.youarethesports.com](http://www.youarethesports.com).

On opening night, he read "My Dad's Baseball Game" by Pierz author Jennifer Rose Sadlovsky. After a short musical break to allow young listeners a chance to get tucked in for the night, Grammond continued with "Dinosaurs Before Dark," the first book in the "Magic Tree House" series.

While Grammond is unsure of analytics of users on opening night, he was overwhelmed by the supportive feedback and pictures via text messages and social media.

"Going into the first night, I was so excited to do this," he said. "I had no idea if I'd have a couple of listeners or many more. The word spread and we are reaching people farther away than I imagined. I won't have any shortage of books, that's for sure."

In the midst of the early success, Grammond has been the recipient of dozens of books from contributors and listeners. He plans to continue the reading sessions with books that cover elementary-aged children through high school students. He plans to expand his audience to include reading to adults as well. Grammond says he always pre-reads a book before sharing it with his listeners.

"With so many kids home, I thought, what can we all do together?" Grammond said. "I am hearing, too, that it is giving parents a break, a chance to catch their breath."



## League's photo service

Continued from cover page

Please note that with the cancellation of the final two days of the girls basketball state tournament, the ExCEL Award recipients were not recognized in an on-court ceremony as has been customary. With the cancellation of the adapted floor hockey and boys basketball state tournaments, those events were also not photographed. The Triple A Award recipients, officials award winners and media service winners were also not recognized at the boys basketball tournament as they are traditionally. Recognition options for those groups are still under discussion.

Photos from the 2019 fall state tournaments have also been uploaded to the galleries. They include girls tennis, soccer, cross country running, volleyball, swimming and diving, adapted soccer and football. The winter 2020 state tournament galleries include debate, one act play, alpine skiing, nordic skiing, dance team, girls hockey, girls gymnastics, wrestling, boys swimming and diving, boys hockey and the first two days of girls basketball. Planned spring coverage will include visual arts, music, speech, adapted bowling, badminton, robotics, adapted softball, boys tennis, softball, track and field, golf, lacrosse, baseball and clay target.

The League welcomes feedback on its photography service. Please contact Tim Leighton at [tleighton@mshsl.org](mailto:tleighton@mshsl.org).



# EXCEL

Recognizing Students for Excellence in Community, Education and Leadership

## 2020 AWARD WINNERS



**Kaylee Arndt**  
Fillmore Central



**Faith Balstad**  
Fosston



**Halle Bemmels**  
Le Sueur-Henderson



**Kaitlynn Bot**  
Lakeview



**Maggie Bruns**  
Blooming Prairie



**Jackson Burdorf**  
Sibley East



**Cole Christopher**  
Jackson County Central



**McKenna Coughlin**  
Ely



**Gracia Elias**  
Adrian



**Daniel Erlandson**  
Breckenridge



**Mya Hanson**  
St. James



**Gavyn Jensen-Schneider**  
North Branch



**Lauren Johnson**  
Belle Plaine



**Morgan Kisgen**  
Hancock



**Aubrey Koters**  
Alexandria Area



**LaRae Kram**  
Morris Area



**Zya Lueders**  
Kimball Area



**Maxwell Lurken-Tvrdik**  
Melrose Area



**Logan McGee**  
Lakeville North



**Jack McNamee**  
Nevis



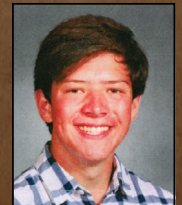
**Torii Nienow**  
Staples Motley



**Jeremy O'Connor**  
Fillmore Central



**Georgia-Rae Plathe**  
St. Paul Central



**Jack Richards**  
Lake Crystal-Wellcome Memorial



**Allison Rients**  
Waterville-Elysian-Morristown



**Eli Schlangen**  
Two Harbors



**Landon Schomer**  
Pierz Healy



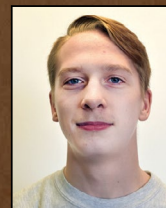
**Tyler Smith**  
Norwood-Young America



**Hank Stechmann**  
Edina



**Hadley Stephenson**  
Orono



**Cade Sundgaard**  
Apple Valley



**Sierra Thomson**  
Mora



**Sophia Tobin**  
Elk River



**Adam Tonsfeldt**  
Barnesville



**Jenna Vasek**  
Fisher



**Annie Wu**  
Rochester Mayo





# 2020 Academics, Arts & Athletics Award Finalists

## REGION 1A

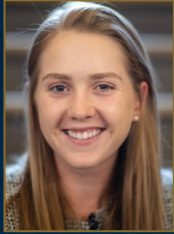


**Kailee Malone**  
Stewartville



**Carter O'Reilly**  
Pine Island

## REGION 2A



**Bergen Senf**  
Fairmont



**Isaac Grev**  
Mountain Lake

## REGION 3A



**Shelby Erickson**  
Windom Area



**Patrick Green**  
Windom Area

## REGION 4A



**Nalia Petersen**  
Heritage Christian Academy



**Andrew Karpenko**  
Minnehaha Academy

## REGION 5A



**Bailee Schiefelbein**  
Kimball Area



**Christopher Borash**  
Royalton

## REGION 6A



**Kindra Peterson**  
Underwood



**Carter Grove**  
Osakis

## REGION 7A



**Ava Hill**  
Mesabi East



**Jonah Giermann**  
Chisholm

## REGION 8A



**Olivia Ellingson**  
Fertile-Beltrami



**Nathaniel Thompson**  
East Grand Forks



## REGION 1AA



**Kaia Elstad**  
Owatonna



**Mark Mosser**  
Lakeville South

## REGION 2AA



**Katelyn Flatgard**  
Mankato East



**Adam Koller**  
Worthington

## REGION 3AA



**Ingrid Anderson**  
Bloomington Kennedy



**John Deneen**  
South St. Paul

## REGION 4AA



**Isabella DiGiorno**  
Roseville Area



**Oliver Paleen**  
St. Paul Highland Park

## REGION 5AA



**Iva Hammitt-Kess**  
Irondale



**Adam Johnson**  
Fridley

## REGION 6AA



**Evelyn Villalobos**  
Robbinsdale Cooper



**Ronan Brew**  
Benilde-St. Margaret's

## REGION 7AA



**AnnaGrace Nelson**  
Cambridge-Isanti



**Adam Boekermann**  
Elk River

## REGION 8AA



**Amanda Bittmann**  
Alexandria Area



**Jacob Keller**  
Monticello